A Survey about Surgical Preferences in Operative Technique in Decompressive Craniectomy in Traumatic Brain Injury

Hernando Raphael Alvis-Miranda, Gabriel Alcala-Cerra, Andres M Rubiano, Luis Rafael Moscote-Salazar

ABSTRACT

Traumatic brain injury is a public health problem. The control of intracranial hypertension is a key strategy for managing this type of patients. Decompressive craniectomy is a measure of second level for the control of intracranial hypertension refractory to medical management. In order to assess trends in relationship to the management of decompressive craniectomy, a survey was designed and sent to neurosurgeons from various countries. We discuss the results for a better standardization of surgical technique. Decompressive craniectomy is a saving technique and usefulness depend on a correct realization of the neurosurgical procedure.

Keywords: Neurotrauma, Decompressive craniectomy, Brain injury.

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RESUMEN

La lesión cerebral traumática es un problema de salud pública. El control de la hipertensión intracraneal es una estrategia clave para la gestión de este tipo de pacientes. Craniectomía descompresiva es una medida de segundo nivel para el control de la hipertensión intracraneal refractaria al tratamiento médico. Con el fin de evaluar las tendencias en relación con la gestión de la craniectomía descompresiva, se diseñó una encuesta y se envió a los neurocirujanos de diversas países. Se discuten los resultados para una mejor estandarizactión de techinique quirúrgica. Craniectomia descompresiva es un ahorro téchnica y utilidad dependen de una correcta realización del procedimienot neuropuirúrgico.

Palabras claves: Neurotraumatológica, Craniectomia descompresiva, Brain lesión.

INTRODUCTION

Currently morbidity and mortality due to traumatic injuries are a well-recognized major public health problem. Similarly traumatic brain injury (TBI) is a major public health concern worldwide, according to the predictions, neurotrauma will account an increasing number of deaths worldwide by 2020.¹ Unfortunatley, overall trauma ranks among the leading causes of death and occurs in all regions, affecting people in all age and income groups.² Among the many problems that arise as a result of TBI, brain edema, and its consequence, intracranial hypertension (ICH), are a major cause of complications and death. Dramatically, TBI is the most common cause of ICH,³ and even more dramatically ICH is the most frequent cause of death and disability following severe TBI.⁴⁻⁶

Thus, it is comprehensible that neurosurgeons perform considerable effort to controlling intracranial pressure (ICP) in patients with TBI. Decompressive craniectomy (DC) has been advocated as one strategy for managing ICP.⁷

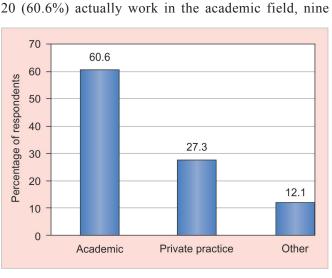
The aim of this work was to determine the surgical preferences when performing DC as a surgical management tool in TBI patients who have refractory ICH.

MATERIALS AND METHODS

An online survey creator (http://www.encuestafacil.com) was used to develop a web-based international structured survey. The survey invitations were sent by e-mail, and aimed neurosurgeons to meet their surgical management considerations in TBI patients who need DC. For ethical considerations, none of the neurosurgeons surveyed were identified. Answers from the survey were compiled and entered into an Excel database (Microsoft. Redmond. Washington). The data was analyzed by software 17.0 (SPSS. Inc., Chicago, IL), to determine the frequency distribution of each one of the variables.

We had a total of 33 surveyed neurosurgeons, from which

RESULTS



Graph 1: In what kind of a setting do you currently practice?

Hernando Raphael Alvis-Miranda et al

(27.3%) in private practice and just four (12.15) in other areas (Graph 1). Their practice experience is a mean of 11.6 ± 7 years on practice.

When facing clinical situations which needed a DC, 19 (57.6%) of the surveyed physicians opted for hemicraniectomy, 5 (15.2%) focal craniectomy, and 4 (12.1%) bilateral DC (Graph 2A). In general, 21 (63.6%) performed a mean of 1 DC per month, followed by 7 (21.2%) physicians who performed 2 per month (Graph 2B).

During DC procedure, 12 (36.4%) consider as the most important technical detail the craniectomy size. For 4 (12.1%) it is the dural opening, and 14 (42.4%) considered that the size of craniectomy, the dural opening, the surgical time and the blood loss are of equal importance when performing DC (Graph 2C).

After DC, 17 (51.5%) routinely monitor the ICP; 13 (39%) do not and 3% only monitor ICP occasionally or just do not make monitoring because lack of equipment (Graph 2D).

When opting for bilateral DC, 22 (66.7%) consider to prefer the bone resection over the whole hemisphere, including the temporal fossa, and posterior through a line connecting the tragus with the asterion. Ten (30.3%) consider not to make the described approach and one (3%) prefer other specifications (Graph 3A). During this type of DC, 25 (75.8%) prefer to preserve a bone ridge over the superior longitudinal sinus (Graph 3B).

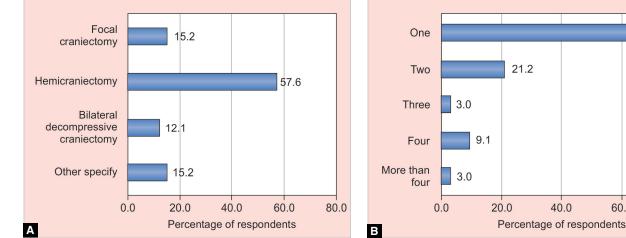
Regard the incision, 29 (87.9%) is the standard for trauma, for two (6.1%) is the LG Kempe Technique, and the rest perform other type of incisions (Graph 4).

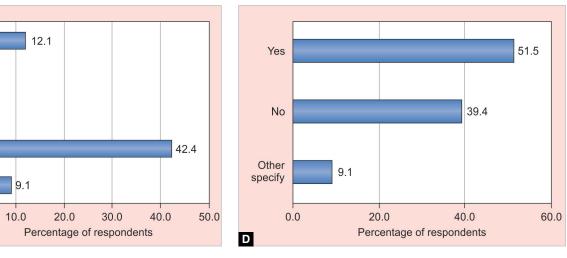
40.0

60.0

80.0

compression of cortical veins?			Reported cases, $n = 33$
	Reported cases, n = 33	1 month	6 (18.2)
Yes	8 (24.2)	3 months	19 (57.6)
No	24 (72.7)	6 months	6 (18.2)
Other Specify	1 (3.0)	Other specifications	2 (6.1)
^a Absolute value (percent)		^a Absolute value (percent)	





Graphs 2A to D: (A) Some preferences when performing DC, (B) mean DC performed at a month, (C) what is the most important aspect during DC and (D) ICP monitoring after DC

С

Open dural

Surgical time

Lost bleeding

All

0.0

Other

0.0

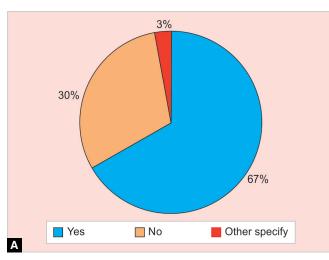
0.0

Thirteen (39.4%) affirm to perform the dural opening with an incision plus a pedicle on the middle meningeal artery; 12 (36.4%) incise the dura in a radial fashion, and five (15.2%) prefer the Bullock technique (Graph 5). When deciding the technique for the conservation of the bone flap, 15 (45.5%) prefer to preserve it in the abdominal fat, eight (24.2%) prefer simple freezing and four (12.1%) choose to preserve it in an organ bank (Graph 6).

We inquired the surveyed physicians regarding the use of 'vascular tunnel' to avoid compression of the cortical veins, 24 (72.7%) do not use it, eight (24.2%) yes (Table 1), and in relation with the cranioplasty in DC, 19 (57.6%) of the surveyed make it at 3 months after surgery, six (18.2%) at the month, six (18.2%) at the 6 months (Table 2).

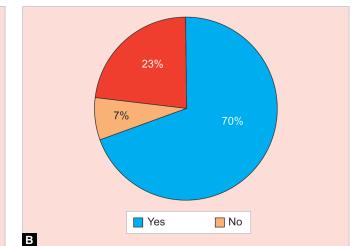
DISCUSSION

Although, there are no widely accepted indications for DC,⁷ some indications for it are the unilateral lesions, such as unilateral swelling, contusions, extradural or subdural hemorrhage, midline shift;⁸ generally is required bifrontal

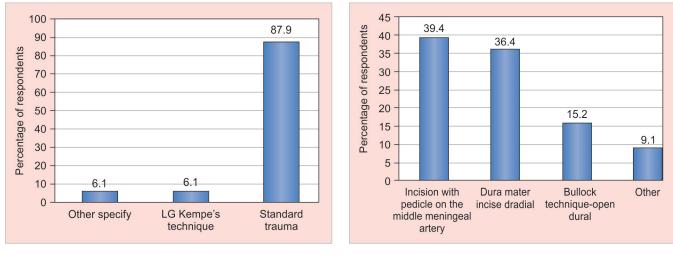


decompression for diffuse cerebral edema with no obvious midline shift. However, regard to TBI, according to the European Brain Injury Consortium and Brain Trauma Foundation guidelines for severe TBIs, DC should be incorporated to the second-tier therapeutic arsenal in patients with refractory ICH to first-tier therapeutic measures,⁹⁻¹² i.e. when appropriate targeted surgery and medical treatment fails, DC is the option.¹³

As summarized above, the surveyed neurosurgeons when facing clinical situations in which is needed a DC, more than a half (57.6%) opt to perform hemicraniectomy, 15.2% prefer focal craniectomy, and 12.1% the bilateral DC; but the ideal technique implies the removal of bone in the entire supratentorial hemicranium. One of the most important landmarks for this procedure is the root of the zygoma. It allows the identification the floor of the temporal fossa. Also these are important landmarks: the asterion (confluence of the lamboid, occipitomastoid, and temporoparietal sutures, indicates the area of transition between the transverse and sigmoid sinuses), the keyhole (identifies the pterion and



Graphs 3A and B: Approaches to bilateral DC



Graph 4: Technique of the skin incision in decompressive craniectomy

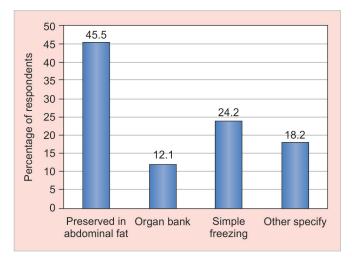
Graph 5: Dural opening technique for decompressive craniectomy

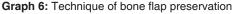
indicates the location of the frontal, temporal, and orbital cavities), the inion, the glabella, and the midline (delineates the course of the superior sagittal sinus).¹⁴ Frontosubtempoparietooccipital DC with dural opening and enlargment with duraplasty is the most used decompressive technique, being the only technique that avoids brain herniation through the DC hole, and prevents venous infarctions that power brain swelling.¹¹ Even when is not a surgical procedure frequently used, it still is in the neurosurgeon armamentarium for combating ICH. In our results we found that 63.6% perform a mean of 1 DC per month, and 21.2% perform 2 per month.

Regard the incision, 87.9% perform the standard for trauma, 6.1% the LG Kempe Technique, and the rest perform other kind of incisions. Skin incisions for DC include the large reverse question mark frontotemporoparietal incision and the LG Kempe modified incision or midline sagittal incision with 'T-bar'; skin incisions for bilateral decompressive craniectomies include the performing of two hemicraniectomies or to perform the Kjellberg type DC (standard bicoronal incision).

Regard dural opening, 39.4% affirm to perform it with an incision plus a pedicle on the middle meningeal artery; 36.4% incise the dura in a radial fashion, and 15.2% prefer the Bullock technique. For dural opening can be used different approaches that includes fish-mouth incision, stellate incision, C-shaped fashion incision and cruciate incision.^{15,16}

When deciding the technique for the conservation of the bone flap, 45.5% prefer to preserve it in the abdominal fat, 24.2% prefer the simple freezing and the 12.1% choose to preserve it in the organ bank. Basically there are three options for dealing with the craniectomy bone flap. One is to discard it; another is to create a separate abdominal subcutaneous pocket to place the bone flap that will be accessed at the time of the cranioplasty; and the last is to preserve it in a





109

tissue bank.⁷ Some institutions prefer to discard the flap, and thus requiring that the cranioplasty be performed with intraoperative reconstruction. When the bone flap is placed in the abdominal subcutaneous pocket , the body usually remolds the bone edges to some degree, leaving it knobby and slightly enlarged. Keeping the bone frozen in a bone bank is associated with excellent cosmetic outcomes. There is no risk of bone remodeling and replacement is easy.⁷

The choice of materials for grafting and dural substitution depends on the surgical goal, but reducing the potential for dural adhesion is critical. Dural grafts and antiadhesion barriers are important in minimizing these concerns and facilitating the follow-up dissection for cranioplasty.¹⁷

Extensive adhesions can often cause increased operative time, risk of dural violation, brain injury, and surgeon frustration during the cranioplasty.¹⁷ A surgeon can also expect to face greater difficulty with dissection of adhesions when the length between the first and second surgery is increased.¹⁷ It involves removing a large piece of the skull and opening the underlying dura to allow the brain to expand. In this way the brain swelling that causes ICH can be accommodated by increasing volume instead.¹⁸ Inappropriate techniques for DC, e.g. do not smooth the bony edges; do not try at maximum to do bone removal as large as possible, performing wrong approaches like only subtemporal decompression, or only frontotemporal decompression, can generate iatrogenic brain lesions, and even generate brain herniation trough the craniectomy defect.

During DC procedure, the 36.4% of the surveyed neurosurgeons consider as the most important technical detail the craniectomy size, for 12.1% is the dural opening, and for the 42.4% are the size of craniectomy, the dural opening, the surgical time and the bleeding lose. The truth is that an adequate bone flap size is a factor related to survival, as demonstrated by Tagliaferri et al,¹³ who found that large bone flap (>12 cm) is related to survival only in patients younger than 65 years, this means that should be used in younger patients, the population who more suffer TBI. Although not statistically significant, those patients with a large bone flap also had better outcome. Overall one to two thirds of the surviving patients have been reported to have a favorable outcome and the mortality has been reported to be less than 20%.¹⁹⁻³²

In relation with the cranioplasty in DC, the 57.6% make it at 3 months after surgery, 18.2% at the month, and the 18.2% at the 6 months. Staging reconstruction of high-risk cranial defects followed by definitive cranial defect reconstruction improved the likelihood of implant retention and successful cranioplasty outcome.³³



A pair of concern issues in the realization of DC are the protection of vascular structures and the ICP monitoring; in our inquiring regard to the use of 'vascular tunnel' to avoid compress the cortical veins, the 72.7% do not use it, 24.2% do it. After DC, 51.5% routinely monitories the ICP; 39% do not use it, and the 3% resting only monitories ICP occasionally or just do not make monitoring because lack of equipment, thus even when DC is a measure for salvation of brain parenchyma, it does not means that always will resolve the problem, the edema can be extensive, expanding and converting in a diffuse lesion, in the context of a bad DC (i.e. a small DC defect, no smoothing of bony edges, etc.), will affect patients outcome, even resulting in death.

CONCLUSION

The results of our international survey confer to us a varied information regard the use of DC in TBI. When DC is indicated in TBI patients, its performance should not be discussed but applied. DC is a reserve armamentarium that possesses the neurosurgeon for controlling refractory ICH to first-tier therapeutic measures. Unfortunately the usefulness of DC can be affected by the fact of performing DC out of the strict sense of its technique, as described above. Thus, standardizing DC will be possible to reach at a maximum its utility in TBI, when standardized its size, incisions, the dural opening, and the cranioplasty in terms of time and mechanism for performing it, in that moment all information regard DC will be completely comprehensible, impacting on its best use and performing. Yet all patients' needs should be considered on an individual basis, this standardization will render in a best outcome and prognosis for TBI patients with refractory ICH. Given these statistics, proper use of DC in TBI patients is an important priority in the neurosurgery education.

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